



PERSONAL, SOCIAL AND HEALTH EDUCATION

YEAR 1	YEAR 2	YEAR 3	YEAR 4	YEAR 5	YEAR 6
Health and Wellbeing 1. Hygiene 2. Emotions Living in the Wider World 3. Keeping Safe 4. Rules and Responsibilities Relationships 5. Communication 6. Fairness	Health and Wellbeing 1. Health Lifestyles 2. Changing and Growing Living in the Wider World 3. Communities 4. Money and Finance Relationships 5. Family and Friends 6. Bullying	Health and wellbeing 1. Physical, Emotional, Mental/Aspirations 2. Safety Living in the Wider World 3. Rules and Responsibilities 4. Discrimination Relationships 5. Communication 6. Collaboration/Similarities and Differences	Health and wellbeing 1. Healthy Lifestyles/ Nutrition and Food 2. Emotions/Growing and Changing Living in the Wider World 3. Economic Awareness/Enterprise 4. Extremism and Radicalisation Relationships 5. First Aid 6. Bullying/Healthy Relationships	Health and wellbeing 1. Health 2. Safety Living in the Wider World 3. Economic Awareness Enterprise 4. Extremism and Radicalisation Relationships 5. Communication 6. Collaboration	Health and wellbeing 1. Food Choices/Aspirations 2. Emotions Living in the Wider World 3. Rules and Responsibilities/Diversity 4. Substance Related Abuse Relationships 5. Similarities and Differences 6. Healthy Relationships